

Norwich Frostbite Sailing Club

Safeguarding - Club Code of Conduct

It is the policy of Norwich Frostbite Sailing Club that all participants show respect and understanding for each other, treat everyone equally within the context of the sport and conduct themselves in a way that reflects the principles of the club. The aim is for all participants to enjoy their sport and to improve performance.

Abusive and discriminatory language, swearing, intimidation, aggressive behaviour or lack of respect for others and their property will not be tolerated and may lead to disciplinary action.

Participants

- Listen to and accept what you are asked to do to improve your performance and keep you safe
- Respect other participants, those who are coaching, offering training, or volunteering in other ways
- Abide by the rules and play fairly
- Do your best at all times
- Never bully others either in person, by phone, by text or online
- Take care of all property belonging to other participants, the club or its members

Parents/Carers

- Respect and support the coach, Officer of the Day (OOD) and Safety Boat crew
- Accept officials' judgements and recognise good performance by all participants
- Use established procedures where there is a genuine concern or dispute
- Inform the club or event organisers of relevant medical information
- Ensure that your child wears suitable clothing and has appropriate food and drink
- Provide contact details and be available when required

- Take responsibility for your child's safety and conduct in and around the clubhouse/event venue.

Members who are coaching others or assisting in other roles

- Consider the welfare and safety of participants before the development of performance
- Encourage participants to value their performance and not just results
- Promote fair play and never condone cheating
- Ensure that all activities are appropriate to the age, ability and experience of those taking part
- Build relationships based on mutual trust and respect
- Work in an open environment
- Avoid unnecessary physical contact with young people
- Be an excellent role model and display consistently high standards of behaviour and appearance
- Do not drink alcohol or smoke when working directly with young people
- Communicate clearly with parents/carers and participants
- Be aware of any relevant medical information
- Follow RYA and club guidelines and policies
- Holders of RYA Instructor and Coach qualifications must also comply with the RYA Code of Conduct

If you are concerned that someone is not following the Code of Conduct, you should inform your Club Welfare Officer or the person in charge of the activity.

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